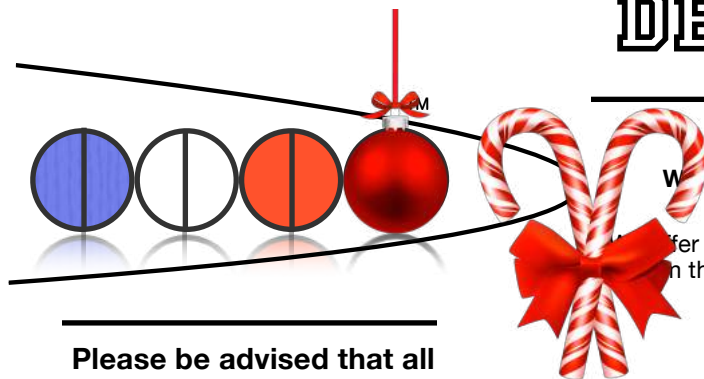




Terry Fox
Elementary School



DEC. MENU 2021



LUNCH MENU CHOICE GUIDE

We would like to Welcome back all Students and Faculty, as well introducing our menu to all Newcomers.
Have a glance below at our meal choices. You will find our procedures are on the order sheet.

For additional meal choices apart from the Main Meal (#1). You may choose a different meal replacing the Main Meal in the following items below. Indicate the corresponding no.# (2,3,4,5,6,7,8) on the top circle order sheet provided

- #1-Main #2-Chicken Salad #3-Chicken Wrap #4-Tuna Wrap #5-Tomato Pizza
#6-Sandwich #7-Grilled Cheese #8-Chicken Tenders

Please be advised that all meals must be ordered in advance

All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or for an unforeseen absent please advise us before 9am so that the meal is not prepared. We need to be advised 2 weeks before any school outing concerning a replacement meal or cancellation.

We also reserve the right to alter a meal due to unforeseen circumstances.

Please be informed that we do not honour unscheduled, unforeseen school closures (Snow Days , Power outages and Emergency shutdowns). We distribute what we can to soup kitchens & shelters when possible.

Snack counter remains closed until further notice.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	Chicken Twister Wrap Mixed Corn Salad Apple Turnover	30 Rigatoni Tomato Sauce Bread/Butter Rice Crispy	1 Chicken Parmesan Served with Linguini Fresh Fruit	2 Grilled Cheese Chicken Noodle Soup Shortbread Cookie	3 Cheese Burger served with Sliced Cucumbers Vanilla Swirl Cake
6	Souvlaki Plate Served with Roasted Potato and Rice	7 Macaroni Gratine Green Salad & Fresh Fruit	8 Meatloaf Mini Potatoes Vegetables Vanilla Pudding	9 Golden Nugget Meal Vegetable Granola Bar	10 Bagelwich Bacon & Cheese Vegetable Soup Oatmeal Cookie
13	Beef Dog on a Bun Cucumber Slices Mini Muffin	14 Penne Pasta Marinara Sauce Bread/Butter Applesauce cup	15 Chicken Tenders Veggies on the side Caramel Granola Bar	16 Toasted Bagel and Cream Cheese Hot Soup Shortbread Cookie	17 Chicken Burger Creamy Macaroni Salad Slice of Cake
20	Ham & Cheese, Lettuce, Light Mayo Pita Bread Roll Veggies / Mini Muffin	21 Spaghetti Meatballs Bread/Butter Fresh Fruit	22  22	23 Filet of Sole Vegetables Roasted Potatoes Yogurt	24 Happy Holidays!  SEE YOU SOON 70-70

Thank You