

TETIDOCH DISTRIBUTION

514.575.0388

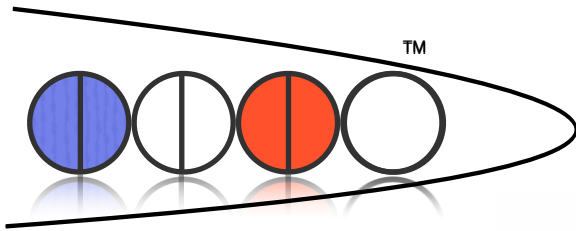


FEB. MENU



2019

Terry Fox
Elementary School



LUNCH MENU CHOICE GUIDE

We offer students additional choices apart from Full Meal indicated on the Menu below. You may choose a Meal replacement from the following items below, indicate corresponding no.# on the order sheet provided. Please review menu for items below that are subject to change monthly. Thank you

#1-Main Meal #2-Chicken Salad #3-Chicken Wrap #4-Tuna Wrap #5-Tomato Pizza #6-Sandwich
7 Grilled Cheese Please be advised that all meals must be ordered in advance



All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or unforeseen absents before 9am so that the meal is not prepared. We need to be advised 2 weeks before any school outing concerning replacement meal or cancellation.

We would like to inform you that we do not honour unscheduled, unforeseen school closures. We distribute what we can to soup kitchens & shelters

Thank you

Munchies

Assorted snacks will be available everyday, Yogurt, Fruit, milk, muffins etc... a price list is posted at the lunch counter, prices will vary from .50 cts - 1.50

Small Cesar/Green salad \$2.25
Large Cesar/Green Salad \$3.75
Chicken/Tuna Salad w/Drink \$5.25
Assorted Sandwiches \$2.75
Soup \$2.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Chicken Fajita Mixed Bean Salad Peach Slices	5 Macaroni Gratine Bread/Butter And Applesauce Cup	6 All Beef Burger Potato Salad Dessert	7 Meatloaf Gravy/Vegetable Potatoes Nutri Grain Bar	8 Ravioli Homemade Sauce Bread/Butter Fresh Fruit
11 PED DAY	12 Grilled Cheese Sandwich Soup of the Day Granola Bar	13 Steak & Cheese Submarine Celery Sticks Pears	14 Chicken Nugget Meal Vegetable Dessert	15 Pasta Rose Sauce Bread/Butter Cookie
18 Chicken Cesar Wrap Corn/Broccoli Slice of cake	19 Spaghetti Meatballs Bread/Butter Dessert	20 Whole School Outing Cafeteria Closed	21 Bagelwich Cheese/Ham Chicken Noodle Soup Dessert	22 Chicken Burger Corn Niblets Dessert
25 Three Cheese Pita Pizza Mixed Veggie Salad Dessert	26 Cesar Salad Grilled Chicken Garlic Bread Fruit Salad	27 Penne Pasta Tomato Sauce Bread/Butter Pudding Cup	28 Bagel Cream Cheese Soup of the Day Cookie	1 Chicken Croissant Sandwich Carrots Dessert