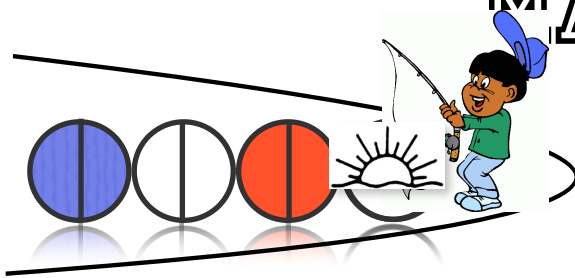


MARCH MENU 2020

Terry Fox
Elementary School



LUNCH MENU CHOICE GUIDE

We offer students additional choices apart from Full Meal indicated on the Menu below. You may choose a Meal replacement from the following items below, indicate corresponding no.# on the order sheet provided. Please review menu for items below that are subject to change monthly. Thank you

#1-Main Meal #2-Chicken Salad #3-Chicken Wrap #4-Tuna Wrap #5-Tomato Pizza #6-Sandwich

7 Grilled Cheese Please be advised that all meals must be ordered in advance

All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or unforeseen absents before 9am so that the meal is not prepared. We need to be advised 2 weeks before any school outing concerning replacement meal or cancellation.

We would like to inform you that we do not honour unscheduled, unforeseen school closures. We distribute what we can to soup kitchens & shelters

Thank you

Munchies

Assorted snacks will be available everyday, Yogurt, Fruit, milk, muffins etc... a price list is posted at the lunch counter, prices will vary from .50 cts - 1.50

Small Cesar/Green salad \$2.25
Large Cesar/Green Salad \$3.75
Chicken/Tuna Salad w/Drink \$5.50
Assorted Sandwiches \$3.00
Soup \$2.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Turkey / Lettuce Light Mayo Wrap Quinoa Salad Tropical Fruit Salad	10 Chicken Souvlaki Stick Rice/Greek Salad Dessert	11 ALL Beef Burger Coleslaw Slice of Cake Dessert	12 Mac & Cheese Biscotti Bread Stick Fresh Fruit	13 Grilled Cheese Sandwich Soup of the Day Cookie
16 Steak/Cheese Submarine Cucumber Slices Peaches	17 Rigatoni Meat Sauce Bread/Butter Pudding Cup	18 Bagelwich Bacon/Cheese Soup of the Day Cookie	19 Chinese Macaroni Vegetable eggroll Plum Sauce Fortune Cookie	20 Chicken Burger served with Cucumber Slices Dessert
23 Cheese Lasagna Bread/Butter & Nutri Grain Bar	24 Filet of Sole Roasted Potatoes Veggies Yogurt Cup	25 Chicken Nugget Meal Veggie on the side Granola Bar	26 Penne Pasta Rose Sauce Bread/Butter Applesauce Cup	27 Chicken Twister Wrap Couscous Salad Mini Muffin
30 PED DAY	31 Chicken Parmesan Linguini Tomato sauce Fresh Fruit	1 Toasted Bagel Cream Cheese Chicken Noodle Soup Cookie	2 Meat Loaf Vegetables Roasted Potatoes Dessert	3 Cold Tomato Pizza Slice Mixed Veggie Salad Dessert