

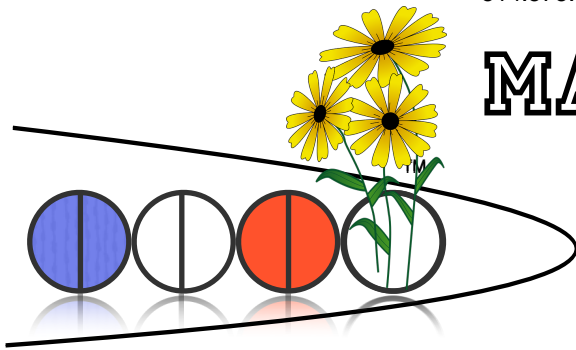
TETIDOCH DISTRIBUTION

514.575.0388

# MAR. MENU 2018



Terry Fox  
Elementary School



## LUNCH MENU CHOICE GUIDE

We offer students additional choices apart from Full Meal indicated on the Menu below. You may choose a Meal replacement from the following items below, indicate corresponding no.# on the order sheet provided. Please review menu for items below that are subject to change monthly. Thank you

#1-Main Meal #2-Chicken Salad #3-Chicken Wraps #4-Tuna Wrap #5-Tomato Pizza #6-Sandwich

Please be advised that all meals must be ordered in advance

All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or unforeseen absents before 9am so that the meal is not prepared. We need to be advised 2 weeks before any school outing concerning replacement meal or cancellation.

We would like to inform you that we do not honour unscheduled, unforeseen school closures. We distribute what we can to soup kitchens & shelters

Thank you

### Munchies

Assorted snacks will be available everyday, Yogurt, Fruit, milk, muffins etc... a price list is posted at the lunch counter, prices will vary from .50 cts - 1.50

Small Cesar/Green salad \$2.25  
Large Cesar/Green Salad \$3.75  
Chicken/Tuna Salad w/Drink \$5.25  
Assorted Sandwiches \$2.75  
Soup \$2.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 Cesar Grilled Chicken Wrap Vegetable Fruit Salad	13 Chicken Souvlaki Stick Rice Greek Salad Dessert	14 Grilled Cheese Sandwich Soup of the Day Granola Bar	15 Chinese Macaroni Eggroll Plum Sauce Fortune Cookie	16 Pasta Penne Tomato Sauce Bread/ Butter Dessert
19 Steak/Cheese Submarine Cucumber Slices Peaches	20 BBQ Chicken Breast Potatoes/Rice Dessert	21 Bagel w/ich Bacon/cheese Chicken Noodle Soup Dessert	22 Rotini Homemade Sauce Bread/Butter Fruit	23 Beef Burger Meal Coleslaw Dessert
26 Chicken Croissant Sandwich Vegetables Pears	27 Chicken Nugget Meal Veggie Dessert	28 Bagel Cream Cheese Soup of the day Cookie	29 Spaghetti Meatballs Bread/Butter Dessert	30 GOOD FRIDAY 
Apr 2 EASTER MONDAY 	3 Filet of Sole Vegetable Rice with a Yogurt Cup	4 Grilled Cheese with Soup of the day Dessert	5 Garlic Flavoured Noodle Pasta Tomato/ Cucumber Dessert	6 Chicken Burger Veggies on the side Dessert