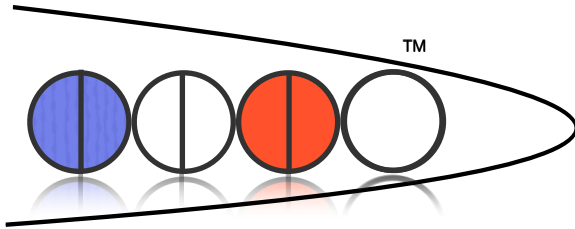


OCT. MENU 2020

*Terry Fox
Elementary School*



LUNCH MENU CHOICE GUIDE

Be advised that all necessary steps have been put in place to better serve you.

We offer students additional choices apart from Full Meal indicated on the Menu below. You may choose a Meal replacement from the following items below, indicate corresponding no.# on the order sheet provided.

**#1-Main Meal #2-Chicken Salad #3-Chicken Wrap #4-Tuna Wrap #5-Tomato Pizza #6-Sandwich
7 Grilled Cheese Please be advised that all meals must be ordered in advance**

All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or unforeseen absents before 9am so that the meal is not prepared. We need to be advised 2 weeks before any school outing concerning replacement meal or cancellation.

We would like to inform you that we do not honour unscheduled, unforeseen school closures. We distribute what we can to soup kitchens & shelters

Thank you

Please take note that due to the circumstances you will not be able to order any side dishes or extra snacks until further notice. Main course can still be replaced by a grilled cheese or a sandwich or tomato pizza. You will have to indicate it on the order form that must be printed out with payment. Morning ordering will no longer be accepted.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Chicken Twister Wrap Couscous Salad Peaches	6 Tortellini Rose Sauce Bread/Butter Nutri Grain	7 Tomato Pizza Slice Vegetable Salad Pears	8 Rigatoni Meat Sauce Cucumber Slices Pudding	9 Grilled Cheese Sandwich Soup of the Day Cookie
12 Happy Thanks Giving	13 Filet of Sole Roasted Potatoes Mixed Veggies Yogurt Cup	14 Penne Pasta Homemade Sauce Bread/Butter Apple	15 Hamburger Meal Mixed Coleslaw Mini Muffin	16 PED DAY
19 Mexican Chicken Fajita Bean Salad Pineapples	20 Pasta Garlic Sauce Vegetable on the side Pudding	21 Golden Nuggets Meal Served with Dessert	22 Broccoli & Bacon Mac & Cheese with Granola Bar	23 All Beef Sausage Veggie on the side Dessert
26 Turkey Croissant Sandwich Carrots/Dip Tropical Fruit Salad	27 Rotini Marinara Sauce Bread/Butter Fruit	28 Bagelwich Ham & Cheese Soup of the day Cookie	29 Chicken Burger Mixed Pasta Salad Brownie	PED DAY