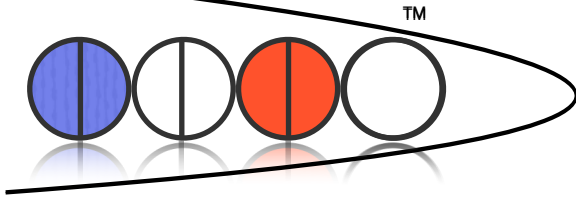


Happy New Year!

TETIDoch DISTRIBUTION
514.575.0388

JAN. MENU 2018

*Terry Fox
Elementary School*



LUNCH MENU CHOICE GUIDE

We offer students additional choices apart from Full Meal indicated on the Menu below. You may choose a Meal replacement from the following items below, indicate corresponding no.# on the order sheet provided. Please review menu for items below that are subject to change monthly. Thank you

#1-Main Meal #2-Chicken Salad #3-Chicken Wraps #4-Tuna Wrap #5-Tomato Pizza #6-Sandwich

Please be advised that all meals must be ordered in advance

All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or unforeseen absents before 9am so that the meal is not prepared. We need to be advised 2 weeks before any school outing concerning replacement meal or cancellation.

We would like to inform you that we do not honour unscheduled, unforeseen school closures. We distribute what we can to shelters
Thank yo

Munchies

Assorted snacks will be available everyday, Yogurt, Fruit, milk, muffins etc... a price list is posted at the lunch counter, prices will vary from .50 cts - 1.50

Small Cesar/Green salad \$2.25
Large Cesar/Green Salad \$3.75
Chicken/Tuna Salad w/Drink \$5.25
Assorted Sandwiches \$2.75
Soup \$2.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 Ped Day	9 Beef & Cheese Homemade Burrito Mixed Bean Salad Pineapples	10 Grilled Cheese Sandwich Soup of the Day Nutri-Grain Bar	11 Penne Rose Sauce Bread/Butter Fruit	12 Filet Of Sole Vegetable Rice Yogurt Cup
15 Italian Mixed Sub Provolone Cheese Side of veggies Italian Delight	16 Bagelwich Bacon & Cheese Soup Of the Day Cookie	17 Chinese Style Macaroni Eggroll w/Plum sauce Fortune Cookie	18 Spaghetti Meatballs Bread/Butter Applesauce cup	19 All Beef Burger Served with Coleslaw Dessert
22 Chicken Caesar Wrap Cucumbers Pears	23 Golden Nuggets served with Corn Niblets Dessert	24 Bagel Cream Cheese Soup of the day Granola Bar	25 Rotini Homemade Tomato Sauce Bread & Butter	26 Hot Chicken Burger Macaroni Salad Dessert
29 Chicken Croissant Sandwich Veggie on the side Fruit Salad	30 Grilled Chicken Caesar Salad Garlic Bread Tropical Fruit Salad	31 Italian Sausage Submarine Melted Cheese Vegetable	1 Garlic Parmesan Pasta Cheese Stick Pudding Cup	2 Fresh Tomato Pizza Vegetable Salad Dessert