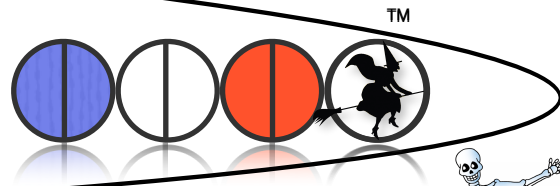


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514.575.0388

# NOV. MENU 2018



Terry Fox  
Elementary School



## LUNCH MENU CHOICE GUIDE

We offer students additional choices apart from Full Meal indicated on the Menu below. You may choose a Meal replacement from the following items below, indicate corresponding no.# on the order sheet provided. Please review menu for items below that are subject to change monthly. Thank you

#1-Main Meal #2-Chicken Salad #3-Chicken Wrap #4-Tuna Wrap #5-Tomato Pizza #6-Sandwich  
# 7 Grilled Cheese Please be advised that all meals must be ordered in advance

All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or unforeseen absents before 9am so that the meal is not prepared. We need to be advised 2 weeks before any school outing concerning replacement meal or cancellation.

We would like to inform you that we do not honour unscheduled, unforeseen school closures. We distribute what we can to soup kitchens & shelters

Thank you

### Munchies

Assorted snacks will be available everyday, Yogurt, Fruit, milk, muffins etc... a price list is posted at the lunch counter, prices will vary from .50 cts - 1.50

Small Cesar/Green salad \$2.25  
Large Cesar/Green Salad \$3.75  
Chicken/Tuna Salad w/Drink \$5.25  
Assorted Sandwiches \$2.75  
Soup \$2.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Mexican Style Chicken Fajita Meal Fruit	30 Freshly Slice Tomato Pizza Carrots/Cucumbers Dessert	31 Halloween Beef Boo! Burger Haunted Meal	1 Hot Chicken Pot Pie Tossed Green Salad Dessert	2 Hot Soup with Grilled Cheese Sandwich Snack
5 Italian Mixed Submarine Provolone Cheese Apple Delight	6 Golden Chicken Nugget Meal Vegetable Dessert	7 Chinese Macaroni Vegetable Eggroll Plum Sauce Fortune Cookie	8 Bagelwich (Ham/Cheese) Hot Soup of the Day Snack	9 PED DAY
12 Hot Three Cheese Pizza Mixed Veggies Dessert	13 Penne Pasta Homemade Sauce Bread/butter Dessert	14 Chicken Souvlaki Greek Salad Vegetable Rice Dessert	15 Homemade Cheese Lasagna Bread/Butter Dessert	16 Caesar Salad Grilled Chicken Garlic Bread Pears
19 Chicken Twister Wrap Potato Salad Fruit Salad	20 Filet of Sole Vegetables Potatoes Yogourt	21 Hot Bagel Cream Cheese Chicken Noodle Soup Cookie	22 Chicken Burger Cucumber Slices & Dessert	23 PED DAY