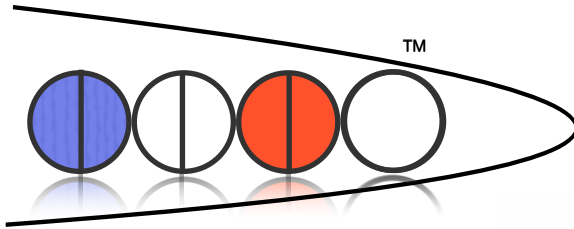


# SEPT. MENU

# 2019

*Terry Fox  
Elementary School*



### LUNCH MENU CHOICE GUIDE

We offer students additional choices apart from Full Meal indicated on the Menu below. You may choose a Meal replacement from the following items below, indicate corresponding no.# on the order sheet provided. Please review menu for items below that are subject to change monthly. Thank you

#1-Main Meal #2-Chicken Salad #3-Chicken Wrap #4-Tuna Wrap #5-Tomato Pizza #6-Sandwich

# 7 Grilled Cheese **Please be advised that all meals must be ordered in advance**



All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or unforeseen absents before 9am so that the meal is not prepared. We need to be advised 2 weeks before any school outing concerning replacement meal or cancellation.

We would like to inform you that we do not honour unscheduled, unforeseen school closures. We distribute what we can to soup kitchens & shelters

Thank you

#### Munchies

Assorted snacks will be available everyday, Yogurt, Fruit, milk, muffins etc... a price list is posted at the lunch counter, prices will vary from .50 cts - 1.50

Small Cesar/Green salad \$2.25  
Large Cesar/Green Salad \$3.75  
Chicken/Tuna Salad w/Drink \$5.50  
Assorted Sandwiches \$3.00  
Soup \$2.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY SCHOOL CLOSED	3 WELCOME BACK EVERYONE	4 KITCHEN CLOSED	5 Counter items Only	6 Counter items only
9 Counter items only	10 KITCHEN CLOSED	11 Filet Of Sole Roasted Potatoes Vegetables Yogourt Cup	12 Chicken Caesar Wrap Coucous Salad Peach Slices	13 All Beef Hamburger Patty Mixed Coleslaw Watermelon
16 Chinese Mixed Vegetable Macaroni Eggroll Fortune Cookie	17 Grilled Cheese Sandwich Chicken Noodle Soup Granola Bar	18 Ham Slices Mash Potatoes Corn Niblets Apple	19 Penne Pasta Rose Sauce Bread/Butter Jello Cup	20 PED DAY School Closed
23 Chicken Tender Meal Vegetable Fresh Fruit	24 Bagelwich Sandwich Cheese/Bacon Vegetable Soup Cookie	25 Chicken Burger served with Cucumber Slices Mini Muffin	26 Rigatoni Tomato Sauce Bread/Butter Pudding Cup	27 Homemade Meatloaf Potatoes/Veggie Nutri Grain Bar