

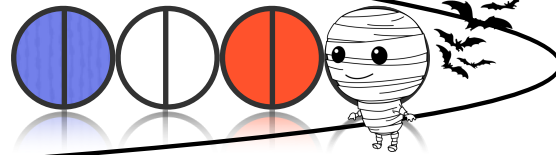
TETIDOCH DISTRIBUTION

514.575.0388

NOV. MENU 2017

Terry Fox

Elementary School



LUNCH MENU CHOICE GUIDE

We offer students additional choices apart from Full Meal indicated on the Menu below. You may choose a Meal replacement from the following items below, indicate corresponding no.# on the order sheet provided. Please review menu for items below that are subject to change monthly. Thank you

#1-Main Meal #2-Chicken Salad #3-Chicken Wraps #4-Tuna Wrap #5-Tomato Pizza #6-Sandwich

Please be advised that all meals must be ordered in advance

All meals are counted and registered before so therefore please be advised if student is absent you may contact us before meal day or unforeseen absents before 9am so that the meal is not prepared. We need to be advised 2 weeks before any school outing concerning replacement meal or cancellation.

We would like to inform you that we do not honour unscheduled, unforeseen school closures. We distribute what we can to shelters and soup kitchens

Thank you

Munchies

Assorted snacks will be available everyday, Yogurt, Fruit, milk, muffins etc... a price list is posted at the lunch counter, prices will vary from .50 cts - 1.50

Small Cesar/Green salad \$2.25
Large Cesar/Green Salad \$3.75
Chicken/Tuna Salad w/Drink \$5.25
Assorted Sandwiches \$2.75
Soup \$2.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Ped Day	31 Cold And Eerie Tomato Pizza Creepy Crawlers Halloween Delight	1 Caesar Salad Grilled Chicken Garlic Bread Fruit Cocktail	2 Bagelwich Ham & Cheese Soup of the Day Granola Bar	3 Chicken Burger Creamy Potato Dessert
6 Three Cheese Pita Pizza Vegetable Salad Mini Muffin	7 Chinese Macaroni Cherry Chicken Pieces Fortune Cookie	8 Meatloaf Served with Potatoes/Veggies Dessert	9 Penne Rigate Tomato Sauce Bread and Butter Rice crispy Square	10 Cheese Burger With Sweet Pickles Dessert
13 Bagel and Cream Cheese Soup of the Day Dessert	14 Mexican Beef Burrito Nachos and Salsa Pineapples	15 Spaghetti and Meatballs Bread And Butter Nutri-Grain Bar	16 Golden Chicken Nugget Meal Granola Bar	17 Fresh Cold Cut Submarine Vegetables Snack
20 Chicken Caesar Wrap Cucumber Slices Pear	21 Grilled Cheese Soup of the Day Cookie	22 Macaroni Gratine with Bread and Butter Dessert	23 Ped Day	24 Ped Day