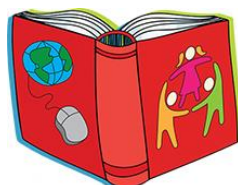


February Newsletter



École primaire
Terry Fox
Elementary School

www.facebook.com/TerryFoxElementarySchool
<https://terryfox.schoolqc.ca/>

Message from the Principal

February is a special month in our school. Not only do we look forward to Valentine's Day and the upcoming March break, but we will also be celebrating "Teacher Appreciation Week". We appreciate the hard work of our teachers daily, but that week, dedicated to them, is an opportunity to highlight their hard work and dedication in a special way. Some special treats and events have been planned for them the week of February 4th. Please encourage your children to say an extra thank you, a little note or drawing that will certainly make them smile and feel appreciated.



Governing Board & PPO

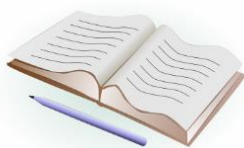
Please note that the next PPO meeting will be held on

February 13th at 7 pm in the library. Our Governing Board meeting will be on **February 19th** at 7 pm in the library. Meetings are open to the public. If you have any questions for the GB meeting, please email the GB Chair at least 48 hours prior to the meeting.

barbara.barrasso@gmail.com

Student Lates

Students are expected to be in class by 8:00 am. If your child is late in the morning, **please make sure you come to the front office to sign your child in.**



100th Day of School

On **February 14th**, we will have a school wide 100th day celebration. ***Students are asked to come to school dressed as if they were 100 years old.*** We will also have various activities to commemorate this milestone.

Sick students sent to SCHOOL

Lately, we have noticed that more and more parents are sending their children sick or ill to school. ***No child should be sent to school if they are sick or if they are not well enough to be at school to learn.*** Sending your child with a note asking to call you if his/her condition deteriorate is not a solution. Please keep your child home if sick as stated in our code of conduct p.



Cystic Fibrosis Association



We had a very successful dress down day. Students brought in donations to support the Canadian Cystic Fibrosis Association. A total of **\$ 560.00** was raised. **THANK YOU!!**

Brr...It's cold!!



The weather has been very unpredictable and cold. Snowpants are not only for children who play in the snow, but are also for warmth. ***Please ensure that your child is dressed appropriately for the weather.*** We will be sending students outside when the weather permits. If the temperature is extremely cold, we will either decide to keep the student inside or to send them outside for a short period of time to take some fresh air.



K registration: begins February 4th
End of term: February 8th
Ped Day: February 11th
PPO Meeting: 7 pm on February 13th
Valentine's Day: February 14th
GB Meeting: February 19th
Reports sent electronically: February 22nd

Drop off on Cortina street

A reminder to parents that the drop off zone on Cortina is strictly to be used to drop off children and leave **AS QUICKLY AS POSSIBLE** in order to give a chance to other parents to drop off their children as well. Waiting on the sidewalk to watch your child crossing the yard or engaging a conversation while your car is running is not recommended.



School parking lot

The parking lot is available to **authorized personnel ONLY**. No parents is allowed to drive by or park their vehicle in the morning before school starts. During the day or after school, parents can use the empty spots (daycare and/or signing out) to pick up their child.

A special **THANK YOU** to our PPO for putting together a wonderful week for our teachers to enjoy. Coffee & sweet treats, recess supervision release, lunches, and much more...

HAPPY APPRECIATION WEEK to our TEACHERS!!



SCHOOL-WIDE CARNIVAL DAY

Terry Fox Elementary school is proud to announce that we are looking forward to our Winter Carnival Day at Mont Avila for a day of fun and excitement.



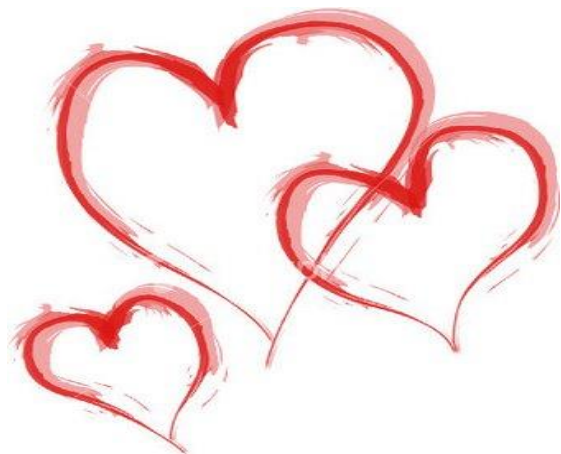
The students from grade 1 to grade 6 will be going tubing on Wednesday, February 20th at Mont Avila.

The cost of this activity is ONLY \$20.00.

The Kindergarten students will be staying at school enjoying activities in school and outdoor play in the schoolyard.

This reduced price was made possible thanks to the use of the school initiative measure given by the MEES to encourage school to provide opportunities for students to practice outdoor activities and promoting healthy lifestyle and well-being.

It promises to be a wonderful experience for ALL!



FACTS of LICES



HOW TO PREVENT?

- Lice have trouble living in very short hair. Tie long hair back in a braid or pony tail. This makes it harder for lice to crawl from one person to another.
- Do not share things like pillows, towels, coats, caps, hats, or hair accessories.

HOW DO YOU KNOW IF YOUR CHILD HAVE HEAD LICE?

- **Check your child's head in bright or natural light on a regular basis**, and most importantly, if you receive a letter from your child's class informing you of a case of head lice in the classroom.

WHAT SHOULD YOU DO WHEN SOMEONE HAS HEAD LICE?

- If you or your child has lice or nits in your hair, you should do something about it the **SAME** day.
- If you or your child has lice, he or she may spread it to someone else in the family, neighborhood or school unless they are properly treated.

Notify others who have been in direct contact (head to head or sharing hairbrushes, headgear, etc.) with your child. Remember to include schools, daycares, friends, relatives and neighbors.

- Make sure you check everyone in your family for nits or head lice. This should be done daily for 14 days. Only treat those family members where lice and/or nits are found and treat all persons at the same time.
- Do not use a lice treatment unless lice or nits have been found in that person's hair.
- **A child may return to school or daycare after the first treatment is done.**

OTHER FACTS....

- ✓ **Lice are very common, and anyone can get them, though they most commonly affect children. Lice do not spread disease, and having head lice is not a sign of uncleanliness or poor hygiene.**
- ✓ **Lice do not hop, jump, or fly.**

To obtain more practical information concerning lice and treatment procedures, you can consult the pamphlet on the web site of the Health Ministry at www.msss.gouv.qc.ca .

Go to the 'documentation' section, then 'publications' and you will find the pamphlet under the letter 'L', it is called:

Lice...Lice...Lice...All there is to know about head lice.